

# It's Ramadan!

## Daily Activities for Ramadan

### Ramadan 11

## Children and Fasting



### Today's Quote:

“We went to the mosque and made toys of wool for them (children)  
and when anyone felt hungry and wept for food  
we have them these toys till it was the time to break the fast.”  
Rubayyi daughter of Muawwidh bin Afra  
regarding what the Companions said in relation to children and fasting.”  
Saheeh Muslim (#2531)

### Goal:

to learn why “practice” fasting is good for children  
and to practice the sunnah regarding children and fasting.

### Overview of Today's Activities:

Activity 1: Read about children and fasting  
Activity 2: Make your own Ramadan toy  
Activity 3: Daily Journal  
Activity 4: Coloring activity  
Activity 5: Copywork/Dictation  
Activity 6: Daily Quraan Reading

## Activity 1: Learn about Children & Fasting

1. Read the hadith in the Today's Quote.

(Read the full text in Saheeh Muslim, Book of Sawm, #2531-2532). See Ramadan 16 for link to online Saheeh Muslim.

2. Children are not required to fast, but, according to the Saheeh Muslim commentary (Abdul Hameed Siddiqi translation) the Muslims in the time of the Prophet (salla Allahu alayhi wa sallam) had children fast in order to give them "mental and practical training" in religious duties before these duties became obligatory for them so that they would be used to them.

Children were given toys to take their minds off of being hungry.

3. Read Fatwa regarding the fasting of children: (see <http://www.fatwa-online.com/worship/fasting/fas006/index.htm>)

[The age at which a child is obligated to fast](#)

[The fast of the child](#)

[The fast of a young child who has not yet attained puberty](#)

[My young child insists on fasting despite his weak health](#)

[15 year old too tired to fast during Ramadhaan](#)

[13 year old daughter too weak and frail to fast during Ramadhaan](#)

[Parents say not to fast during Ramadhaan because of exams](#)

Discuss:

What are some things that you do in your family to pass the time until Maghrib?  
(especially when it is close to Maghrib)

Talk about the importance of "practicing" something before you actually have to do it.  
Why is it a good idea?  
What could happen if you don't?

For Parents:

Article: "A Child's First Fast:" <http://www.missionislam.com/ramadan/firstfast.html>

Tips for parents of young fasters.

## Activity 2: Make your own Ramadan Toy

Make Your own ramadan/fasting toy

Make a homemade toy to play with (paper airplane or car, make believe (non animal/non human) character, pillow, etc) or make one for a younger sibling.

Here are some sites you can check out for making homemade toys:

- a. <http://www.papertoys.com/>
- b. <http://familycrafts.about.com/od/moretoys/>
- c. [http://fifi.essortment.com/homemadetoys\\_rcqg.htm](http://fifi.essortment.com/homemadetoys_rcqg.htm) (For the little ones)
- d. <http://www.sciencetoymaker.org/>
- e. <http://scitoys.com/>(Science Toys)
- f. <http://ezinearticles.com/?Homemade-Toys&id=251831>
- g. [http://www.creativekidsathome.com/activities/activity\\_85.shtml](http://www.creativekidsathome.com/activities/activity_85.shtml)
- h. <http://www.backwoodshome.com/articles2/andal72.html>

OR design and make your own.....OR visit TJ's Ramadan Crafts page and complete a craft  
<http://tjramadan.talibiddeenjr.amanahwebs.com/ramadancrafts.htm>

### Activity 3: Daily Journal

Journal

Complete your Ramadan Journal for Ramadan 11

[http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal\\_Ramadan11.pdf](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal_Ramadan11.pdf)

Journal ideas: write about your toy. Describe it. How does it work? What does it look like. (Younger children can do this orally).

OR write an ad for your toy. Include features of the toy, how much it costs, why people should buy it. Be persuasive. (see sample ad in Ramadan 11 Journal).

OR write a how to article describing how you made the toy.

OR write about a favorite toy.

Again, these activities can be done orally by younger children or they can dictate to a grown up or sibling and copy what their helper writes down.

OR

(for older children) What are some things you do to help you get through the fasting day?

### Activity 4: Coloring Activity

Coloring:

Toys (Drawing/Writing Activities)

[http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/Toys\\_Ramadan11.pdf](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/Toys_Ramadan11.pdf)

## Activity 5: Copywork/Dictation

Practice handwriting skills by copying today's quote neatly.

You can copy the quote onto one of [TJ Ramadan's Copy work Stationery](http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan_daily_journal.htm):  
[http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan\\_daily\\_journal.htm](http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan_daily_journal.htm)

\*See TJ Ramadan's "[Ramadan Quotes](#)" book or the daily quotes in larger print:  
<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/RamadanQuotes.pdf>

### Other ideas:

- Give students dictation on randomly selected words from the
- If student misses the spelling of words, keep a list and give dictation again later in the week.
- Have students write selected words in sentences.

See [Talibiddeen Jr's Language Arts Spelling web page](#) for ideas for practicing the spelling of words.

## Activity 6: Daily Quraan Reading

Read from Juz 11: At Tauba 93 - Hud 5