

# It's Ramadan!

## Daily Activities for Ramadan

### Ramadan 3

## Why do we fast during Ramadan?



Know why you fast the month of Ramadan

### Today's Quote:

...So, whoever of you sights (the crescent on the first night of) the month (of Ramadan, i.e. is present at his home), he must observe Saum (fasts) that month...  
(2:185)

### Goal:

To learn why we fast during the month of Ramadan

### Overview of Today's Activities:

1. Learn the proof for fasting during Ramadan
2. Memorize the proof for fasting during Ramadan
3. Learn/review Ramadan vocabulary
4. Understanding the command to fast
5. Ramadan Journal
6. Copywork
7. Quraan Reading

## Activity 1: Why Do We Fast in Ramadan?

Learn why we fast during Ramadan

Read the ayaat and translation of the proof to fast during Ramadan (below). If possible, read from a copy of the Quraan. Parent /teacher can read to students and/or students can take turns reading the Arabic and the English. If children are not old enough to read the whole ayaat, you can involve them in this activity by simply reading to them or do paired reading where you read difficult words and let students read the words that they can sound out or know from sight.

### The Command to Fast

We all know that we must fast during the month of Ramadan. But how do we know?

We have been commanded by Allah, in the Quraan, to fast the month of Ramadan.

### The Command To Fast

(بِأَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

(أَيَّامًا مَّعْدُودَاتٍ فَمَن كَانَ مِنكُم مَّرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامُ مِسْكِينٍ فَمَن تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ وَأَن تَصُومُوا خَيْرٌ لَّكُمْ إِن كُنتُمْ تَعْلَمُونَ

(شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَى وَالْفُرْقَانِ فَمَن تَعَمَّدَ عَنْكُمُ الشَّهْرَ فَلْيَصُمْهُ وَمَن كَانَ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَى مَا هَدَاكُم وَلَعَلَّكُمْ تَشْكُرُونَ

O you who believe! Observing As-Saum (the fasting) is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqûn [002.183]

[Observing Saum (fasts)] for a fixed number of days, but if any of you is ill or on a journey, the same number (should be made up) from other days. And as for those who can fast with difficulty, (e.g. an old man), they have (a choice either to fast or) to feed a Miskin (needy person) (for every day). But whoever does good of his own accord, it is better for him. And that you fast is better for you if only you know. [002.184]

The month of Ramadan in which was revealed the Qur'ân, a guidance for mankind and clear proofs for the guidance and the Criterion (between right and wrong). So, whoever of you sights (the crescent on the first night of) the month (of Ramadan, i.e. is present at his home), he must observe Saum (fasts) that month, and whoever is ill or on a journey, the same number (of days which one did not observe Saum (fasts) must be made up) from other days. Allâh intends for you ease, and He does not want to make things difficult for you. (He wants that you) must complete the same number (of days), and that you must magnify Allâh [i.e. to say Takbir (Allâhu Akbar: Allâh is the Most Great)] for having guided you so that you may be grateful to Him. [002.185]

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<sup>1</sup> Khan and Al- Hilali "Interpretation of the Meanings of the Noble Quraan"

Download a [larger copy of the ayaat and translation](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/command2fast.pdf)  
<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/command2fast.pdf>

## Activity 2: Memorize the Proof for Fasting

Always be able to provide the proof by fasting by memorizing it

Older Kids (and younger as fitting):

Begin memorizing ayah 2:185 (or 183-185). (Read the tafsir on these ayaat too!)

Write out on a hifz card and keep in hifz box.  
(available from [Talibiddeen Jr.](#) in the Study Aids section  
Memorize daily, until it is memorized and then  
review/recite daily.

## Activity 3: Ramadan Vocabulary

Learn/review Ramadan related vocabulary

Younger kids:

Review/define/discuss the following terms:

sawm, ill, miskin, crescent, journey, command

Words can be copied and illustrated in journal book.

This is also the journal activity for today: Ramadan 3

[http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal\\_Ramadan03.pdf](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal_Ramadan03.pdf)

Older kids:

- Look up each word from the words below and use/write each word in a sentence.

commanded, miskin, ill, journey, guidance, revealed,  
criterion

Student may also write the corresponding Arabic word.

(Note: miskin is the English transliteration. You might want to have students write an appropriate English counterpart and use that in a sentence).

This is also the journal activity ([Daily Journal Ramadan 3](#)) for today.

## Activity 4: Understand the command to fast

Older kids:

- Read through the ayaat and make a poster illustrating ayah 2:183-185.

Younger Kids:

- Color [“The Command to Fast”](#)

[http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/coloring\\_command2fast\\_ram3.pdf](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/coloring_command2fast_ram3.pdf)

## Activity 5: Ramadan Journal

Make an entry in your Ramadan Daily Journal

Complete the [Ramadan 3 Daily Journal Page](#) activities or record a dated entry in a homemade Ramadan Journal.

[http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal\\_Ramadan03.pdf](http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal_Ramadan03.pdf)

## Activity 6: Copywork

Practice handwriting skills by copying today’s quote neatly.

You can copy the quote onto one of [TJ Ramadan’s Copy work Stationery](#):

[http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan\\_daily\\_journal.htm](http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan_daily_journal.htm)

\*See TJ Ramadan’s [“Ramadan Quotes”](#) book or the daily quotes in larger print:

<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/RamadanQuotes.pdf>

**Other ideas:**

- Give students dictation on randomly selected words from the

- If student misses the spelling of words, keep a list and give dictation again later in the week.
- Have students write selected words in sentences.

See [Talibiddeen Jr's Language Arts Spelling web page](#)  
for ideas for practicing the spelling of words.

### **Activity 7: Quraan Reading**

Read from Juz 3: Al Baqarah 253 - Al Imran 92