

It's Ramadan!

Daily Activities for Ramadan

Ramadan 1

Fasting During Ramadan/How to Fast



Today's Quote:

“O ye who believe!
Fasting has been prescribed for you
as it was prescribed for those before you,
that you may become Al- Muttaqun” (pious)
(2:183)

Goal:

To learn about Ramadan and learn/review how to fast

Overview of Today's Activities:

- Activity 1: Read “My Little Ramadan Primer” by Talibiddeen Jr. to learn about Ramadan and fasting
- Activity 2: Memorize duaa for breaking fast
- Activity 3: Complete today's Ramadan Daily Journal Page
- Activity 4: Learn and use Ramadan related vocabulary
- Activity 5: Copywork (copy today's quote)
- Activity 6: Ramadan Color In Calendar
- Activity 7: Quraan Reading

Activity 1: Learn about Ramadan and Fasting

View and discuss the Talibiddeen Jr. Power Point Book: "My Little Ramadan Primer"



<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/ramadanprimer.pps>

If you will not have access to the book during your learning session, discuss fasting. Some points you may wish to cover:

- Ramadan is the ninth month of the Islamic calendar
- Why Ramadan is special (Quraan was revealed during Ramadan, gates of hell are locked and devils are chained, we fast during Ramadan)
- What fasting means (giving up food, bad actions and speech)
- How to fast (suhour, breaking the fast)

Activity 2: Duaa for breaking fast

What do you say when you break your fast?

Memorize the Duaa for breaking the fast. (duaa sign)

<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/Duaa2breakfast.pdf>

Tip: Hang the duaa sign up near where you break your fast.

Activity 3: Ramadan Daily Journal

Make an entry in your Ramadan Daily Journal

Complete the Ramadan 1 Daily Journal Page or record a dated entry in a homemade Ramadan Journal.

http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/DailyJournal_Ramadan01.pdf

Activity 4: Vocabulary Building

Learn the meaning and spelling of Ramadan related vocabulary

1. Discuss the meanings of the words below.

Sawm/Fasting	Suhoor	Iftar
Hijri calendar	Eid ul Fitr	Zakah/Zakatul Fitr
Crescent (hilal)	prescribed	

You may also want to show students the Arabic text of the above words and have them practice writing them.

2. Write each of the words in a sentence.

Younger children:

Copy or trace a copy of each word bank word. Use orally in a sentence.

Play a riddle game:

-Give clues for kids to guess the words or let children give the clues and you guess the word.

Activity 5: Copywork

Practice handwriting skills by copying today's quote neatly.

You can copy the quote onto one of [TJ Ramadan's Copy work Stationery](http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan_daily_journal.htm):
http://tjramadan.talibiddeenjr.amanahwebs.com/ramadan_daily_journal.htm

*See TJ Ramadan's "[Ramadan Quotes](#)" book or the daily quotes in larger print:
<http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/RamadanQuotes.pdf>

Other ideas:

- Give students dictation on randomly selected words from the
- If student misses the spelling of words, keep a list and give dictation again later in the week.
- Have students write selected words in sentences.

See [Talibiddeen Jr's Language Arts Spelling web page](#)
for ideas for practicing the spelling of words.

Activity 6: Ramadan Color in calendar

Keep track of the days of Ramadan with this color in calendar.
Starting today, color in a picture each day of Ramadan on the [Ramadan Color in Calendar](#).
http://tjramadan.talibiddeenjr.amanahwebs.com/tjramadandownloads/ramadan_color_in_calendar.doc

Activity 7: Quraan Reading

Read/recite from Juz 1 today: Al Fatiha 1 – Al Baqarah 141